



Newsletter

No. 4

April 2015

LEND A HAND UPDATE

Are we busy ?? **YES !** How busy were we in **2014** ? Here are some numbers to give you an idea.

Clients Enrolled in LAH	150
Active Volunteers (over 12 months)	46
Total Client Miles Driven in 2014	16,221
Total Hours in Service to Clients	5,055
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Total Number of Produce Deliveries (1x or 2x / month)	19
Total Amount Spent on Produce	\$5,236
Average Number of Clients Receiving Produce	90
Total Average Miles Driven Per Delivery	110
Food Bank Food Box Deliveries / Month (service initiated 7/14)	19
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Number of Canteens	12
Average Attendance / Canteen	21
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No. of Home Repairs / No. of Hours Spent	8 / 201
No. of Yards Cleaned / No. of Hours Spent	16 / 136
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Weekly Writing Group (4-6 participants) WISDOM AND REVERIE published 2014	

NOVEMBER ELECTION OF NEW OFFICERS OF LEND A HAND

Co-Presidents	Vicki Mills	Campbell/Grant NE
	Ron Ryan	Hedrick Acres
Secretary	Nancy Ruhl	Limberlost
Treasurer	Junie Hostetler	Samos

FUND-RAISING

For all non-profits like Lend A Hand, fund-raising is a critical, on-going activity. Among Lend A Hand's fund-raisers this year is the sale of raffle tickets for a chance to win a 2015 50th anniversary edition Ford Mustang. This special car is being supplied by Jim Click, but all proceeds from ticket sales go to Lend A Hand.

You can buy 1 ticket for \$25 or 5 for \$100. The drawing will be in November 2015. This is a win-win situation -- you might win a beautiful new car and the money all goes to support a wonderful organization.

Take a chance ! Please contact Vicki Mills at 248-8621 or vamills@email.arizona.edu.



MONTHLY CANTEEN

Attendees at the February canteen enjoyed a lovely picnic in Reid Park. The March canteen was held at the church (MACOC), and included snacks and welcome advice on growing herbs.



Below is a schedule of canteen events until February 2016. If you have questions, call Janet Burt, 203-6878.

04/15/15	Tucson Botanical Garden	09/15/15	Movie Matinee at MACOC
05/19/15	Ben's Bells at MACOC	10/20/15	Tohono Chul Park
06/16/15	UofA Art Museum	11/17/15	Thanksgiving at MACOC
07/21/15	Indoor picnic at MACOC	12/15/15	Holiday Party at MACOC
08/18/15	Franklin Museum	01/19/16	Flandrau Science Center

HELPING IN MANY WAYS

Among services offered by LAH are minor home repairs handled by our own talented volunteers. In November last year we were involved in a building project quite unlike anything experienced before: a new, replacement playground assembled and installed in La Madera Park. During three days hundreds of Tucson volunteers and experts from Kaboom, along with mountains of tools, supplies and equipment converged at the park.

Attention to detail extended to counting every nut and bolt! It was a masterful job, accomplished on time, and LAH was proud to have been a part of it.



Smaller but no less important projects were the repair of James Caldwell's steps and the construction of a new ramp for Lucy Young. When volunteers Alan Adler, Bill Crouse, and George Hubbard inspected the projects, they discovered that extensive work would be necessary on each of them. Due to rot, the steps had to be replaced, calling upon the volunteers' design, drafting, woodworking and painting skills. The steps took a total of almost 55 hours. In the construction of the 24-foot wheelchair ramp, Bill Crouse was assisted by an apprentice, Steve Baxter. Installation took 83 hours.



Happy homeowners and Alan Adler, George Hubbard, Bill Crouse and Steve Baxter

PCOA AMBASSADOR

We are very pleased to announce that Louise Newman, one of our volunteers, has been trained by Pima Council on Aging to be a PCOA ambassador. PCOA is "The place to go for help when you don't know where to start."

The list of available resources is long. If you need information, call the PCOA Help Line at 790-7262, let your driver know you would like Louise to call you, or contact Michele at 248-6882.

PRODUCE AND FOOD BOX DELIVERY

The Produce Delivery Program (PDP) initiated in 2013 has become very popular. Every month, and often twice a month, 8 teams of volunteers meet to bag and deliver fresh fruit and vegetables to those of our clients who request it. In addition to these deliveries, eligible Seniors also receive monthly food boxes from the Community Food Bank. For further information, call Alan Adler at 909-5204.



FAREWELL

We are saddened to report the passing of our dear friends

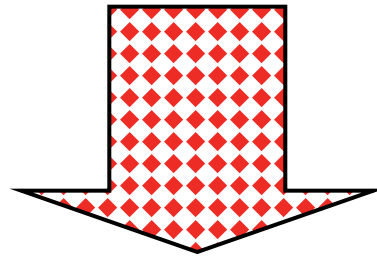
Alta Fly
Perrienne Irving
Deb Jones
Phil Magaran

Loretta Raemaker
Ben Storek
Vicki Tacchia

CLASSIFIED
Looking to buy - looking to sell

WANTED: Volunteers to help Lend A Hand with its many services. Donate only a few hours and help a senior neighbor. Call Michele, 248-6882.

WANTED: Items in good condition for our next yard sale: furniture, appliances, books, kitchen equipment, clothing, miscellaneous. Call Jane, 323-9299. We can arrange pick-up and storage.



YARD SALE

The Spring yard sale was a great success, thanks to all the hard work of Jane Hoffmann and her team of LAH volunteers and her neighbors from the Samos neighborhood. We raised almost \$2,000 for Lend A Hand's numerous projects.

The next yard sale will be in the fall, so remember Lend A Hand when you're cleaning out those nooks and crannies. We can store your things until the next sale. Call 323-9299.

This newsletter is the publication of Lend A Hand Senior Outreach, Inc., a 501(c)3 tax-exempt organization, P.O. Box 41323, Tucson, AZ 85717, 520-248-6882, www.lahseniorhelp.org. Our mission is to support the needs of our senior neighbors. Your gift is fully tax deductible for federal income tax purposes. Lend A Hand (LAH) is a member of the Neighbors Care Alliance, a program administered through Pima Council on Aging (PCOA). Funding is through various LAH fund-raising activities and donations. Funding and support are also provided by the Tucson Ward 3 Office, the Pima County Board of Supervisors, Pima Association of Governments Regional Transportation Authority (PAG/RTA) and PCOA.